



Highland
SENIOR LIVING
A Lifespark Community

Age Magnificently



Highland Senior Living – July Newsletter

Discover what's going on in our community.

GET IN TOUCH!

Address:

**1012 3rd Avenue NE
Little Falls, MN 56345
United States**

Phone:

(320) 632-1880

Facebook:

Highland Senior Living, LLC

Website:

highlandseniorliving.com



Highland Senior Living's Leadership Team



TEAM CONTACT INFORMATION **(ALL EMAILS ARE @LIFEPARKSL.COM)**

BACK ROW (LEFT TO RIGHT):

GABE MEYER – MAINTENANCE DIRECTOR – GABE.MEYER@LIFEPARKSL.COM

DOLORES BERGLUND – CULINARY DIRECTOR – DOLORES.BERGLUND@LIFEPARKSL.COM

HANNAH HOLLENKAMP – EXECUTIVE DIRECTOR – HANNAH.HOLLENKAMP@LIFEPARKSL.COM

SHANNYN UDY – ADMINISTRATIVE ASSISTANT – SHANNYN.UDY@LIFEPARKSL.COM

FRONT ROW (LEFT TO RIGHT):

SAM MEYER – DIRECTOR OF HEALTH SERVICES – SAM.MEYER@LIFEPARKSL.COM

JESSICA HILMERSON – MARKETING & BUSINESS OFFICE DIRECTOR – JESSICA.HILMERSON@LIFEPARKSL.COM

DESIREE PELZER – HOUSEKEEPING SUPERVISOR – DESIREEE.PELZER@LIFEPARKSL.COM

**STEPHANIE WARDARSKI – ASSISTANT DIRECTOR OF HEALTH SERVICES –
STEPHANIE.WARDARSKI@LIFEPARKSL.COM**

JULIA AUSTIN – COMMUNITY LIFE DIRECTOR – JULIA.AUSTIN@LIFEPARKSL.COM

Alzheimer's Awareness Month



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Team page of Highland Senior Living Life Spark **DONATE TO THE TEAM JOIN OUR TEAM**

Welcome to our team page for the Alzheimer's Association Walk to End Alzheimer's®! Walk is the largest event to raise funds and awareness for the care, support and research efforts of the Alzheimer's Association®. It's held annually in more than 600 communities nationwide, and our team is excited to participate this year.

Currently, more than 6 million Americans are living with Alzheimer's and over 11 million family and friends provide their unpaid care. We need your help to end this devastating disease. You can make an impact with a donation or even joining our team. Your kindness and generosity truly make a difference in the fight against Alzheimer's and all other dementia.

Thank you for your support!

1,000

OUR GOAL

2025 Walk to End Alzheimer's - St. Cloud, MN

Saturday, October 11th, 2025 at 10am

How to Donate & How to Become Apart of the Team:

- 1. Take a picture of this barcode and it will bring you to the team page**
- 2. Click on Donate**
- 3. Then type in the captain's name which is Julia Austin and the team's name is Highland Senior Living Life Spark**

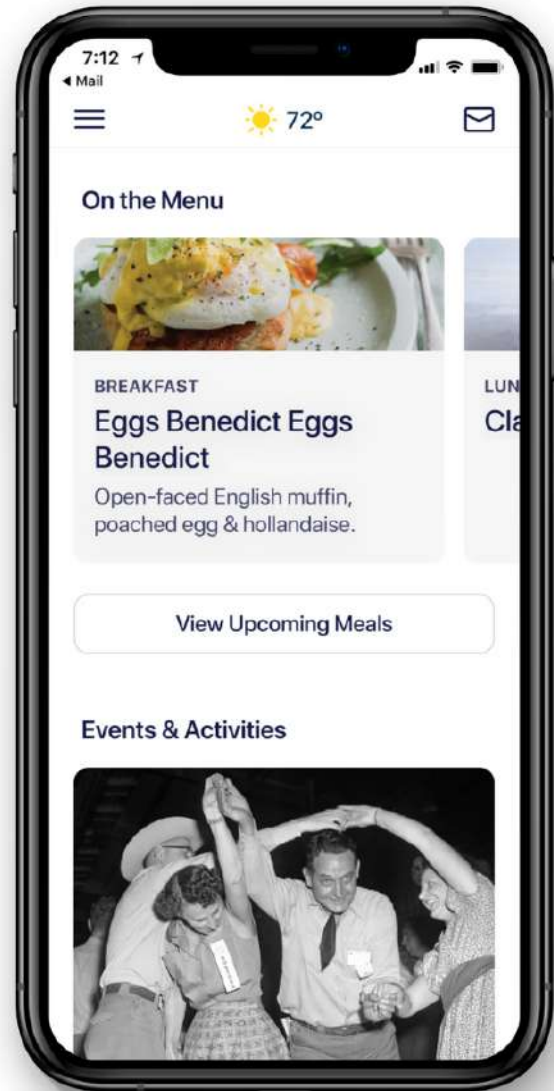


Never Miss An Update From Highland!



Download the new mobile app for Highland Senior Living

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in Little Falls, MN



Access Quiltt for iOS, Android, and desktop

<https://get.quiltt.com/org/QBRAV>

Enter code QBRAV after opening the Quiltt app for the first time.



Photo Booth



Highland Above and Beyond Award Recipient

WE ARE PROUD TO RECOGNIZE LAURIE OCHOA, COMMUNITY LIFE ASSISTANT, AS A HIGHLAND ABOVE AND BEYOND AWARD RECIPIENT! LAURIE BRINGS EXTRAORDINARY ENERGY, CREATIVITY, AND HEART TO EVERYTHING SHE DOES. WHETHER SHE'S ORGANIZING ENGAGING ACTIVITIES, LIFTING SPIRITS WITH A SMILE, OR TAKING EXTRA TIME TO ENSURE EACH RESIDENT FEELS SEEN AND INCLUDED, LAURIE CONSISTENTLY GOES THE EXTRA MILE. HER PASSION FOR CREATING MEANINGFUL MOMENTS AND HER UNWAVERING COMMITMENT TO ENHANCING THE LIVES OF THOSE AROUND HER MAKE HER AN INVALUABLE PART OF OUR COMMUNITY. LAURIE DOESN'T JUST DO HER JOB — SHE TRANSFORMS IT INTO A CALLING. THANK YOU, LAURIE, FOR ALL THE WAYS YOU GO ABOVE AND BEYOND EVERY SINGLE DAY!

Shining a Light on UV Safety: Protecting Yourself This Summer



Simple Sun Protection Tips to Keep Your Skin and Eyes Healthy All Season Long

JULY IS UV SAFETY MONTH, A TIME TO RAISE AWARENESS ABOUT THE IMPORTANCE OF PROTECTING OUR SKIN AND EYES FROM THE HARMFUL EFFECTS OF ULTRAVIOLET (UV) RAYS. SENIORS ARE ESPECIALLY VULNERABLE TO SUN DAMAGE DUE TO AGING SKIN AND POTENTIAL MEDICATION SIDE EFFECTS THAT INCREASE SUN SENSITIVITY. DURING OUTDOOR ACTIVITIES, IT'S IMPORTANT TO WEAR A WIDE-BRIMMED HAT, LIGHTWEIGHT LONG-SLEEVED CLOTHING, AND SUNGLASSES WITH UV PROTECTION. APPLY BROAD-SPECTRUM SUNSCREEN WITH AT LEAST SPF 30, EVEN ON CLOUDY DAYS, AND REAPPLY EVERY TWO HOURS IF STAYING OUTSIDE. ENJOY THE SUNSHINE SAFELY—PROTECT YOUR SKIN AND EYES TO STAY HEALTHY AND COMFORTABLE ALL SUMMER LONG!

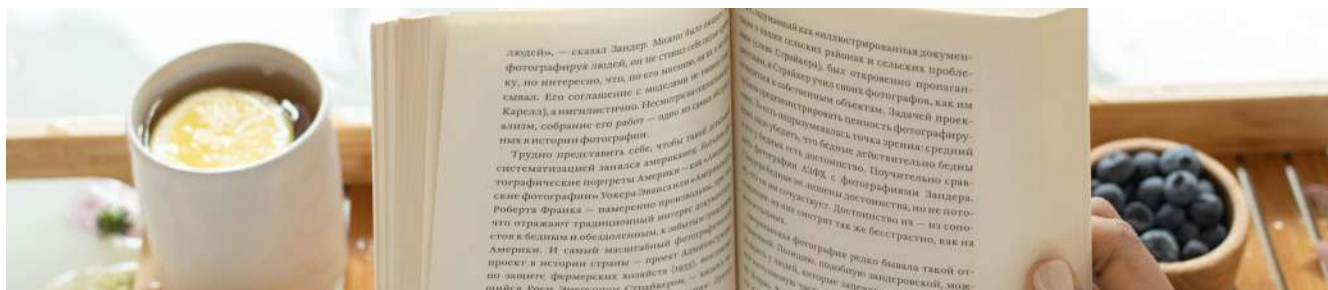
Celebrate Independence Day—The Safe Way!



Enjoy the Holiday While Keeping Safety First

THE FOURTH OF JULY IS A TIME TO CELEBRATE WITH FRIENDS, FLAGS, AND FESTIVE FOODS. WHILE WE LOOK FORWARD TO THE FUN, IT'S ALSO IMPORTANT TO KEEP SAFETY IN MIND. IF YOU'LL BE OUTSIDE FOR ANY CELEBRATIONS, REMEMBER SUN PROTECTION AND HYDRATION. AVOID HANDLING FIREWORKS OR SPARKLERS—THEY MAY SEEM SMALL BUT CAN BE DANGEROUS. INSTEAD, ENJOY THE SHOW FROM A SAFE DISTANCE OR PARTICIPATE IN INDOOR PATRIOTIC-THEMED ACTIVITIES LIKE TRIVIA, CRAFTING, OR SINGING CLASSIC AMERICAN TUNES. LET'S CELEBRATE TOGETHER—SAFELY AND JOYFULLY!

Mid-Year Wellness Check-In



A Gentle Reminder to Prioritize Your Health

JULY MARKS THE HALFWAY POINT OF THE YEAR—AN IDEAL TIME FOR A PERSONAL WELLNESS CHECK-IN. TAKE A MOMENT TO REVIEW YOUR HEALTH GOALS, UPCOMING APPOINTMENTS, AND ANY CHANGES YOU'VE NOTICED IN YOUR ENERGY, SLEEP, OR MOBILITY. ARE YOU STAYING ACTIVE WITH LIGHT MOVEMENT? ARE YOUR MEDICATIONS UP TO DATE? THIS IS ALSO A GOOD TIME TO SCHEDULE ROUTINE SCREENINGS OR TALK WITH NURSING STAFF ABOUT ANY NEW CONCERNS. YOUR HEALTH IS IMPORTANT EVERY DAY OF THE YEAR, AND A MID-YEAR REVIEW CAN HELP YOU STAY ON TRACK AND FEEL YOUR BEST FOR THE SEASONS AHEAD.

Community Resources & Events

GROUND TRANSIT INFORMATION

LITTLE FALLS TAXI

📍 12988 HIGHWAY 27
📞 (320) 632-4104

GREYHOUND BUS LINES

FARE & SCHEDULE INFO: (800) 231-2222

LOCAL TERMINAL: (320) 632-3823 (LOCATED AT McDONALD'S)

TRI-CAP TRANSPORTATION

📍 1200 23RD AVE S, P.O. BOX 683, WAITE PARK, MN 56387
📞 (320) 251-1612 | 📞 1-888-765-5597
📠 FAX: (320) 529-4841

COMMUNITY ORGANIZATIONS

LITTLE FALLS AREA CHAMBER OF COMMERCE & TOURISM

📍 200 1ST ST NW, LITTLE FALLS, MN 56345
📞 (320) 632-5155
✉️ ASSISTANCE@LITTLEFALLSM.COM

LITTLE FALLS SENIOR CENTER

📍 510 NE 7TH STREET, LITTLE FALLS, MN 56345
📞 (320) 632-8009
🕒 MONDAY–FRIDAY, 8:00 AM–3:00 PM
✉️ OFFICE@LFSENIORCENTER.COM

UPCOMING COMMUNITY EVENTS

PAINT YOUR OWN POTTERY

PROMOTED BY: GREAT RIVER ARTS
122 1ST ST SE, LITTLE FALLS, MN 56345, USA
JULY 05, 2025 12:00 PM - 1:00 PM CDT
EVERY MONTH ON THE 1ST SATURDAY UNTIL AUGUST 2, 2025

WILD WANDERING

PROMOTED BY: FRANCISCAN SISTERS OF LITTLE FALLS
11503 GLACIER RD, ST CLOUD, MN 56301, USA
JULY 08, 2025 6:00 PM - 8:00 PM CDT
VISIT WEBSITE

WATCH THE DOCUMENTARY:

📺 SPELLERS ON YOUTUBE

CONCERT ON THE LAWN

PROMOTED BY: LINDEN HILL
608 HIGHLAND AVE, LITTLE FALLS, MN 56345, USA
JULY 10, 2025 6:00 PM - 8:00 PM CDT
VISIT WEBSITE

FRIDAY MORNING COFFEE

PROMOTED BY: GREAT RIVER ARTS
122 1ST ST SE, LITTLE FALLS, MN 56345, USA
JULY 18, 2025 7:30 AM - 9:00 AM CDT

SKETCHING

PROMOTED BY: GREAT RIVER ARTS
122 1ST ST SE, LITTLE FALLS, MN 56345, USA
JULY 26, 2025 12:00 PM - 1:00 PM CDT
EVERY MONTH ON THE 4TH SATURDAY UNTIL AUGUST 24, 2025

HEALTH & WELLNESS

ST. FRANCIS HEALTH & WELLNESS

📍 116 8TH AVENUE SE, LITTLE FALLS, MN 56345
📞 (320) 632-0627
✉️ INFO@STFRANCISHEALTHWELLNESS.ORG

MORRISON COUNTY DROP-IN CENTER

📍 120 EAST BROADWAY, LITTLE FALLS, MN, UNITED STATES
📞 (320) 632-7817

CHI ST. GABRIEL'S HEALTH – SENIOR LIFE SOLUTIONS

815 2ND ST SE
LITTLE FALLS, MN 56345
PHONE: (320) 631-5020
WEBSITE: CHISTGABRIELS.COM/SENIOR-LIFE-SOLUTIONS

TECH HELP FOR SENIORS

SENIOR PLANET HOTLINE

SPEAK WITH A TECHNOLOGY TRAINER: 888-713-3495
WEBSITE: SENIORPLANET.ORG

CYBER-SENIORS

PHONE: 844-217-3057
EMAIL: INFO@CYBERSENIORS.ORG
INSTAGRAM | TWITTER | YOUTUBE

Super Star Shout Outs!



MANDY, YOUR COMPASSION AND DEDICATION SHINE EVERY DAY! YOUR THOUGHTFUL CARE AND CONSISTENT KINDNESS MAKE A REAL DIFFERENCE IN THE LIVES OF THOSE YOU SERVE. YOU ARE TRULY A STAR IN OUR TEAM — THANK YOU FOR LEADING WITH HEART!

SIDNEY, YOUR POSITIVITY IS CONTAGIOUS AND YOUR COMMITMENT TO YOUR RESIDENTS IS UNMATCHED! YOU GO ABOVE AND BEYOND, AND IT DOESN'T GO UNNOTICED. THANK YOU FOR BEING A STEADY, CARING PRESENCE — YOU'RE A ROCK STAR!

JAELYN, YOUR GENTLE TOUCH AND STRONG WORK ETHIC MAKE YOU A STANDOUT! YOU BRING COMFORT, WARMTH, AND RELIABILITY TO EVERY RESIDENT. WE'RE GRATEFUL TO HAVE SOMEONE AS DEDICATED AND COMPASSIONATE AS YOU ON OUR TEAM!

ALLYSON, YOUR CLINICAL SKILL AND CALMING PRESENCE INSPIRE CONFIDENCE AND TRUST. YOU'RE THE KIND OF NURSE EVERY RESIDENT HOPES FOR — SKILLED, PATIENT, AND DEEPLY CARING. THANK YOU FOR BEING A TRUE NURSING SUPERSTAR!

LAURIE, YOUR ENERGY AND ENTHUSIASM BRING JOY TO OUR COMMUNITY EVERY SINGLE DAY! YOU GO THE EXTRA MILE TO LIFT SPIRITS AND CREATE MEANINGFUL MOMENTS — YOUR CREATIVITY AND CARE TRULY LIGHT UP THE ROOM!

EMMA, YOUR WORK NOURISHES NOT ONLY THE BODY BUT ALSO THE SOUL! THANK YOU FOR PUTTING LOVE INTO EVERY DISH AND FOR TREATING EVERY RESIDENT WITH DIGNITY AND KINDNESS. YOU'RE A VITAL PART OF OUR TEAM — AND WE'RE SO LUCKY TO HAVE YOUR TALENTS!

BECKY, YOUR HARD WORK KEEPS OUR ENVIRONMENT CLEAN, SAFE, AND WELCOMING — AND YOU DO IT ALL WITH A POSITIVE ATTITUDE! THANK YOU FOR YOUR CONSISTENCY, ATTENTION TO DETAIL, AND THE PRIDE YOU TAKE IN YOUR WORK. YOU HELP MAKE OUR HOUSE A HOME!



The Heart of Highland Award

WE ARE PROUD TO HONOR BARBARA REKOWSKI WITH THE HEART OF HIGHLAND AWARD, A RECOGNITION THAT TRULY REFLECTS HER GENEROUS SPIRIT AND THE POSITIVE ENERGY SHE BRINGS TO OUR COMMUNITY EVERY DAY. BARBARA IS ALWAYS WILLING TO LEND A HELPING HAND, OFFER A KIND WORD, OR SIMPLY BE THERE WITH A WARM SMILE THAT LIFTS OTHERS UP. HER PRESENCE RADIATES CONFIDENCE, ENCOURAGEMENT, AND COMPASSION, MAKING HER A DEEPLY VALUED AND CHERISHED MEMBER OF HIGHLAND SENIOR LIVING. BARBARA'S DEDICATION TO CREATING A WELCOMING AND SUPPORTIVE ENVIRONMENT EMBODIES THE VERY HEART OF WHAT MAKES OUR COMMUNITY SO SPECIAL.

Highland's Highlights

International Friendship Day



FRIENDSHIP IS A GIFT THAT BRINGS JOY, SUPPORT, AND A SENSE OF BELONGING. ON JULY 30, TAKE A MOMENT TO CONNECT WITH SOMEONE—WHETHER IT'S A SMILE, A SHARED MEMORY, OR A SIMPLE HELLO. A SMALL ACT OF KINDNESS CAN GO A LONG WAY. LET'S CELEBRATE THE FRIENDSHIPS THAT MAKE OUR COMMUNITY FEEL LIKE HOME.



Honoring the Beauty and Wisdom of Grandmas Everywhere

JULY 23RD WE CELEBRATE ALL THE GORGEOUS GRANDMAS WHO BRIGHTEN OUR LIVES WITH THEIR LOVE, STRENGTH, AND WISDOM. YOUR KINDNESS AND STORIES INSPIRE EVERYONE AROUND YOU. WHETHER YOU'RE A GRANDMA OR SOMEONE WHO CHERISHES THEIRS, TAKE A MOMENT TO APPRECIATE THE SPECIAL ROLE GRANDMAS PLAY IN OUR HEARTS AND COMMUNITY.



Resident Council Meeting Notes

THE NOTES FROM THE RESIDENT COUNCIL MEETING WILL BE POSTED IN THE FRONT LOBBY ON THE COMMUNITY LIFE UPDATE BOARD. IF RESIDENTS NEED A COPY OF THE NOTES PLEASE REQUEST AT THE FRONT OFFICE.

Birthday Celebration



JOIN US FOR A JOYFUL AFTERNOON AS WE CELEBRATE THE BIRTHDAYS OF OUR WONDERFUL RESIDENTS ON TUESDAY, JULY 30TH AT 1:30 PM IN THE GREAT ROOM!

WE WARMLY WELCOME RESIDENTS, STAFF, AND FAMILY MEMBERS TO COME TOGETHER FOR CAKE, MUSIC, LAUGHTER, AND GREAT COMPANY. LET'S MAKE IT A SPECIAL DAY FILLED WITH LOVE AND SMILES!

WE CAN'T WAIT TO SEE YOU THERE!

Highland's Hotspot

Notice to Residents That Need Transportation Assistance

IF YOU'D LIKE TO SCHEDULE TRANSPORTATION ON YOUR OWN, YOU CAN CONTACT TRICAP TRANSPORTATION AT 320-251-1612. YOU CAN SCHEDULE UP TO 2 WEEKS IN ADVANCE.

PLEASE REMEMBER:

YOU MAY ONLY BRING OR PURCHASE WHAT YOU CAN CARRY YOURSELF.

YOU MUST BE ABLE TO TRANSPORT YOUR BELONGINGS INDEPENDENTLY, AS THE DRIVER CANNOT ASSIST.

THANK YOU FOR YOUR UNDERSTANDING!



IF RESIDENTS HAVE TECHNOLOGY HELP QUESTIONS PLEASE UTILIZE THE COMMUNITY RESOURCES PAGE OR ASK TO SET UP AN APPOINTMENT WITH JULIA IN ACTIVITIES.

Come Help Build August's Calendar of Activities with Julia on July 2nd at 1:15pm in the Great Room

Lifespark Lifeguard Training Series



THURSDAYS AT 1:00 PM | GREAT ROOM
7-WEEK SERIES | OPEN TO STAFF,
RESIDENTS & FAMILY MEMBERS

JOIN US FOR LIFESPARK'S SAFE AT HOME LIFEGUARD TRAINING – A UNIQUE SEVEN-WEEK COURSE DESIGNED FOR EVERYONE IN OUR COMMUNITY WHO WANTS TO MAKE A REAL DIFFERENCE.

TRADITIONAL LIFEGUARDS ARE TRAINED TO MONITOR THEIR ENVIRONMENTS AND RESPOND QUICKLY TO DANGER. NOW, YOU CAN DO THE SAME – NOT AT A POOL, BUT RIGHT HERE IN OUR SENIOR LIVING COMMUNITY.

EACH WEEK, WE'LL SPEND 30 MINUTES LEARNING THE ESSENTIALS OF HOW TO DETECT EARLY SIGNS OF HEALTH RISKS AND TAKE ACTION TO KEEP FRIENDS AND NEIGHBORS SAFE – HELPING TO PREVENT UNNECESSARY HOSPITALIZATIONS.



Community Happenings

Little Falls Senior Center Dominoes on Tuesdays at 9am

START YOUR TUESDAYS WITH A LITTLE FRIENDLY COMPETITION! JOIN US EVERY TUESDAY AT 9:00 AM AT THE SENIOR CENTER FOR A LIVELY GAME OF DOMINOES. ALL SKILL LEVELS ARE WELCOME—COME FOR THE FUN, STAY FOR THE CAMARADERIE!

Little Falls Senior Center Bone Builders Program

JOIN US AT THE LITTLE FALLS SENIOR CENTER EVERY MONDAY AND WEDNESDAY AT 9:30 AM FOR THE BONE BUILDERS PROGRAM. THIS STRENGTH AND BALANCE CLASS IS DESIGNED TO HELP IMPROVE BONE DENSITY, FLEXIBILITY, AND OVERALL WELLNESS. IT'S A GREAT WAY TO STAY ACTIVE AND ENERGIZED!



Volunteer in Memory Care

WE'RE INVITING RESIDENTS WHO WOULD LIKE TO MAKE A MEANINGFUL DIFFERENCE TO SPEND TIME WITH OUR FRIENDS IN MEMORY CARE. WHETHER IT'S PLAYING CARDS, SHARING STORIES, OR SIMPLY ENJOYING EACH OTHER'S COMPANY, YOUR TIME AND KINDNESS CAN BRIGHTEN SOMEONE'S DAY.

IF YOU ENJOY CONNECTING WITH OTHERS AND SPREADING JOY, CONSIDER VOLUNTEERING! EVEN A SHORT VISIT CAN LEAVE A LASTING IMPACT.

CONTACT: JULIA THE COMMUNITY LIFE DIRECTOR

Little Falls Senior Center Card Playing Schedule

WILD RUMMY 9AM ON MONDAYS AND FRIDAYS

BRIDGE 12PM ON TUESDAYS

WHIST 1:00PM ON TUESDAYS

500 9:30AM ON WEDNESDAYS

SMEAR 1:00PM ON WEDNESDAYS

CRIBBAGE 1:00PM ON THURSDAYS



Lifelong Learning Program: Adventures of Benjamin Franklin

JOIN US ON WEDNESDAY, JULY 10TH AT 2:00 PM IN THE GREAT ROOM FOR A SPECIAL LIFELONG LEARNING SESSION ON ONE OF AMERICA'S MOST FASCINATING FIGURES—BENJAMIN FRANKLIN! FROM INVENTOR TO DIPLOMAT TO WITTY WRITER, FRANKLIN LED A LIFE FULL OF CURIOSITY AND ADVENTURE. COME LEARN ABOUT HIS MANY CONTRIBUTIONS, SURPRISING STORIES, AND THE LEGACY HE LEFT BEHIND. ALL ARE WELCOME—LET'S KEEP LEARNING TOGETHER!



Department Updates

From the Maintenance Director

RESIDENTS ARE ASKED TO REPORT ANY MAINTENANCE CONCERNS DIRECTLY TO GABE FOR PROMPT ATTENTION AND RESOLUTION.

From The Community Life Director

HIGHLAND IS EXCITED TO ANNOUNCE THAT OUR NEXT SPARK CHALLENGE IS JUST AROUND THE CORNER — AND IT'S TIME TO GEAR UP FOR THE GRIP GAMES, ALSO KNOWN AS MILKING THE PURPLE COW! 🐄🥳 THIS FUN AND SPIRITED COMPETITION WILL KICK OFF IN JULY, AND WE CAN'T WAIT TO SEE THE CREATIVITY, TEAMWORK, AND HIGHLAND PRIDE IN ACTION.

From The Housekeeping Supervisors

THE HOUSEKEEPING TEAM WILL BE OUT OF THE BUILDING FOR THE JULY 4TH HOLIDAY; WE WILL RETURN MONDAY JULY 7TH. ALL ROOMS TO BE CLEANED ON FRIDAY WILL BE COMPLETED DURING THE WEEK OF JUNE 30TH-JULY 3RD. THANK YOU!

From The Administrative Assistant

HELLO, RESIDENTS! THIS IS SHANNYN, YOUR ADMINISTRATIVE ASSISTANT. IF YOU NEED ANY ASSISTANCE OR HAVE QUESTIONS, I'M HERE TO HELP WITH ANYTHING YOU MAY NEED. FEEL FREE TO REACH OUT ANYTIME — I'M HAPPY TO SUPPORT YOU AND ENSURE A SMOOTH EXPERIENCE HERE AT HIGHLAND SENIOR LIVING.

From the Executive Director

AS WE MOVE INTO JULY, HIGHLAND SENIOR LIVING IS CURRENTLY WITHIN OUR STATE HEALTH INSPECTION WINDOW. THIS MEANS THAT A SURVEYOR WILL BE VISITING OUR COMMUNITY SOMETIME WITHIN THE NEXT FEW WEEKS TO CONDUCT A ROUTINE INSPECTION. THESE VISITS ARE AN IMPORTANT PART OF ENSURING WE CONTINUE TO MEET AND EXCEED THE HIGH STANDARDS OF CARE OUR RESIDENTS DESERVE.

I WANT TO THANK EACH OF YOU FOR YOUR CONTINUED COMMITMENT TO EXCELLENCE — YOUR HARD WORK AND ATTENTION TO DETAIL MAKE HIGHLAND A PLACE WE CAN ALL BE PROUD OF! LET'S CONTINUE TO PUT OUR BEST FOOT FORWARD AND SUPPORT ONE ANOTHER AS WE WELCOME THIS OPPORTUNITY TO SHOWCASE THE OUTSTANDING WORK WE DO EVERY DAY.

From the Cullinary Director: Easy Rhubarb Cake Recipe



INGREDIENTS:

- 1 BOX YELLOW CAKE MIX
- 3 CUPS CHOPPED RHUBARB
- 1 CUP SUGAR
- 1 CUP WATER
- 1/2 CUP BUTTER, MELTED
- 1 TSP CINNAMON

INSTRUCTIONS:

1. PREHEAT OVEN TO 350°F.
2. IN A MEDIUM SAUCEPAN, COMBINE THE RHUBARB, SUGAR, AND WATER. COOK OVER MEDIUM HEAT UNTIL THE RHUBARB IS SOFT, ABOUT 10 MINUTES. REMOVE FROM HEAT AND LET COOL.
3. IN A LARGE MIXING BOWL, COMBINE THE CAKE MIX, MELTED BUTTER, AND CINNAMON. MIX UNTIL CRUMBLY.
4. SPREAD HALF OF THE CAKE MIXTURE INTO THE BOTTOM OF A GREASED 9×13 INCH BAKING DISH.
5. SPREAD THE COOKED RHUBARB OVER THE CAKE MIXTURE.
6. SPRINKLE THE REMAINING CAKE MIXTURE OVER THE RHUBARB.
7. BAKE FOR 30-35 MINUTES, OR UNTIL THE TOP IS GOLDEN BROWN.
8. SERVE WARM WITH A SCOOP OF VANILLA ICE CREAM OR A DOLLOP OF WHIPPED CREAM.

From the Director of Health Services

HIGHLAND IS IN THE STATE HEALTH INSPECTION WINDOW, AND A SURVEYOR WILL VISIT IN THE COMING WEEKS. THANK YOU ALL FOR YOUR HARD WORK AND COMMITMENT TO QUALITY CARE — LET'S STAY SHARP AND READY!

From the Marketing & Business Director

PLEASE TAKE A MOMENT TO GREET AND MAKE THEM FEEL WELCOME. A REMINDER THAT RENT IS DUE ON THE 1ST OF EACH MONTH; PAYMENTS RECEIVED AFTER THE 5TH WILL INCUR A LATE FEE.