Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Highland SENIOR LIVING A Lifucual Community	C Chapel CH Chapel CS Coffee Shop DR Dinning Room GR Great Room LB Lobby MC Memory Care WR Wellness Room				8:40 Rosary [CH] 1 9:00 Communion & Devotion [CH] 9:45 Journaling Club [GR] 10:30 Exercise [WR] 12:35 Volunteers Coming to Play Cards [GR] 1:00 Popcorn & Spark Challenge Recap of The Week Show [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Cards & Games [GR]	9:15 Exercise [WR] 2 10:00 Prize Bingo [GR] 1:00 Shut the Box [MC] 2:00 Visiting Each Oth [MC] 3:00 Cards, Checkers, Scrabble [CS]
Donuts with Laurie [CS] Donuts with Laurie [CS] Donuts with Laurie [CS] Donuts with January Congregation of Jehovah's Witnesses Meeting on TV [GR] Donute Congression Cong	8:40 Residents Lead Rosary [CH] 10:15 Exercise [WR] 1:00 Spark Challenge Team Meeting [GR] 1:30 Bowling [MC] 2:30 Prize Bingo [GR] 5:30 Cribbage & Cards [CS]	Election Day 5 9:00 Rosary [CH] 9:30 Catholic Mass [CH] 10:00 Coffee Fellowship [GR] 10:30 Weight Exercise [WR] 1:00 Spark Challenge [GR] 1:00 Ball Toss or Bounce the Ball with Patty [MC] 2:15 Nail Care [MC] 3:00 Outing to Dollar General 5:30 Farkle [CS] 7:00 Jehovah Witness Meeting on TV [GR]	8:40 Rosary [CH] 6 10:15 Exercise [WR] 1:00 Spark Challenge [GR] 2:00 Ping Pong Shoot in the Bucket [GR] 3:00 Treat Bingo [GR] 5:30 Cribbage & Cards [CS]	8:30 Senior Center 7 Donuts [CS] 9:15 Exercise [WR] 10:15 Quarter Bingo [GR] 1:00 Balloon Tennis [GR] 2:15 Book Club with Lil [MC] 3:30 Pastor Mark Johnson Faith Lutheran Chapel Service [C] 5:20 Movie Time with Lil: 1hr & 47min (The Proposal) [GR]	8:40 Rosary [CH] 8 9:45 Journaling Club [GR] 10:30 Exercise [WR] 12:35 Volunteers Coming to Play Cards [GR] 1:00 Spark Challenge Recap of The Week Show [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Mystery Auction with Prizes [GR]	9:15 Exercise [WR] 9 10:00 Quarter Bingo [GR] 12:45 Movie Time: 2hr (The Blind Side) [GR] 3:00 Cards, Checkers, 6 Scrabble [CS]
15 Seasons of Change Support Group [CS] 100 Little Falls Congregation of Jehovah's Witnesses Meeting on TV [GR] 100 Gentle Dancing in Chairs in GR with Staff [MC] 100 Catholic Mass on TV in Chapel or on Your Own TV in Room (CH 180) [CH]	Veterans Day 11 8:40 Rosary [CH] 10:15 Exercise [WR] 12:45 Spark Challenge Team Meeting [GR] 1:30 Jerry & Joyce's Band [DR] 3:00 Prize Bingo [GR] 5:30 Cribbage & Cards [CS]	9:00 Rosary [CH] 12 9:30 Catholic Mass [CH] 10:00 Coffee Fellowship [GR] 10:30 Weight Exercise [WR] 1:00 Spark Challenge [GR] 2:15 Book Club with Lil [GR] 3:00 Nail Care [GR] 5:30 Spelling Bee [CS] 7:00 Jehovah Witness Meeting on TV [GR]	8:40 Rosary [CH] 13 10:15 Exercise [WR] 1:00 Spark Challenge [GR] 2:30 Outing to Dollar Tree [LB] 5:30 Cribbage & Cards [CS]	8:30 Senior 14 Center Donuts [CS] 9:15 Exercise [WR] 10:15 Quarter Bingo [GR] 1:30 Jim Anderson Music [DR] 3:30 Chapel Service [C] 5:20 Movie Time with Lil: 1hr & 57min (The Best of Me) [GR]	8:40 Rosary [CH] 15 9:45 Journaling Club [GR] 10:30 Exercise [WR] 12:35 Volunteers Coming to Play Cards [GR] 1:00 Spark Challenge Recap of The Week Show [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Cards [GR]	9:15 Exercise [WR] 10:00 Prize Bingo [GR] 1:00 Shut the Box [MC] 2:00 Visiting Each Oth [MC] 3:00 Cards, Checkers, Scrabble [CS]
Donuts with Laurie [CS] 200 Little Falls Congregation of Jehovah's Witnesses Meeting on TV [GR] 215 Exercise [WR] 30 Catholic Mass on TV in Chapel or on Your Own TV in Room (CH 180) [CH]	8:40 Rosary [CH] 18 10:15 Exercise [WR] 1:00 Spark Challenge Team Meeting [GR] 1:30 Bowling [MC] 2:30 Prize Bingo [GR] 5:30 Cribbage & Cards [CS]	9:00 Rosary [CH] 19 9:30 Catholic Mass [CH] 10:00 Coffee Fellowship [GR] 10:30 Weight Exercise [WR] 1:00 Spark Challenge [GR] 2:00 Foam Hockey [GR] 3:00 Nail Care [MC] 4:30 Spark Challenge Team Going Out to Dinner at Great Wall in Little Falls [LB] 5:30 Wheel of Fortune [CS] 7:00 Jehovah Witness Meeting on TV [GR]	8:40 Rosary [CH] 20 10:15 Exercise [WR] 1:00 Spark Challenge [GR] 1:30 Jim Olson Music [MC] 3:00 Treat Bingo [GR] 5:30 Cribbage & Cards [CS]	8:30 Senior Center Donuts [CS] 9:15 Exercise [WR] 10:15 Quarter Bingo [GR] 1:00 Robin Thull Music [MC] 2:00 Music Sing Along & Dancing [GR] 3:15 American Says Game [CS] 5:20 Movie Time with Lil: 1hr & 33min (Cheaper by The Dozen) [GR]	8:40 Rosary [CH] 22 9:45 Journaling Club [GR] 10:30 Exercise [WR] 12:35 Volunteers Coming to Play Cards [GR] 1:00 Spark Challenge Recap of The Week Show [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Cards & Games [GR]	9:15 Exercise [WR] 10:00 Quarter Bingo [GR] 12:45 Movie Time: 1hr 8 56min (Hairspray [GR] 2:00 Visiting Each Othe [MC] 3:00 Cards, Checkers, Scrabble [CS]
15 Seasons of Change Support Group [CS] 20 Little Falls Congregation of Jehovah's Witnesses Meeting on TV [GR] 20 Gentle Dancing in Chairs in GR with Staff [MC] 30 Catholic Mass on TV in Chapel or on Your Own TV in Room (CH 180) [CH] 15 Bounce The Orange Ball with Staff [MC]	8:40 Rosary [CH] 25 10:15 Exercise [WR] 1:00 Bowling [MC] 2:15 Prize Bingo [GR] 3:00 Sing Along [MC] 6:00 Evening Craft with Girl Scouts [GR]	9:00 Rosary [CH] 26 9:30 Catholic Mass [CH] 10:00 Coffee Fellowship [GR] 10:30 Weight Exercise [WR] 1:00 Outing to Walmart 3:15 Nail Care [GR] 5:30 Dominoes [CS] 7:00 Jehovah Witness Meeting on TV [GR]	8:40 Rosary [CH] 27 10:15 Exercise [WR] 1:30 Birthday Celebration with Cake, Icecream, & Coffee [GR] 3:00 Treat Bingo [GR] 5:30 Cribbage & Cards [CS]	Thanksgiving Day 28 9:15 Exercise [WR] 10:00 Gary Gylsen Music [GR] 12:45 Prize Bingo [GR]	Day after Thanksgiving Day 8:40 Resident's Lead Rosary [CH] 9:30 Exercise [WR] 10:00 Marion Grossman Piano Music [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Cribbage & Cards [GR]	Great Room Reserved 9:15 Exercise [WR] 10:00 Prize Bingo [GR] 1:00 Shut the Box [M 2:00 Visiting Each Other [MC] 3:00 Cards, Checkers Scrabble [CS]