Sunday	- Memory Care Monday	Tuesdav	Wednesday	Thursday	Friday	Saturday
King Highland SENIOR LIVING MC: Memory Care GR: Great Room LB: Lobby DR: Dining Room CS: Coffee Shop CH: Chapel WR: Wellness Room • Happy Hour only for 1 ho • Popcorn in Great Room • Book Club July: Murder i • Plan in A Can activity is plans into cans and as m	our on Fridays in Great Room! every Friday from 1pm to 3pm f in Primary Colors by a resident an organization wide effort to m any of those cans placed in or c	or staff and residents! at Highland Senior Living	nts as possible.	9:15 Early Bird Exercise 1 Class [WR] 10:15 Quarter Bingo [WR] 11:00 Trivia Questions on TV [MC] 12:00 Oshibori [MC] 10:0 Robin Thull Music [MC] 2:15 Book Club with Lil [MC] 3:00 Milk the Purple Cow Practice [GR] 3:40 Bible Study with Lil [CH] 4:30 Vocational Stations [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	8:45 Independent Rosary [CH] 9:00 Volunteers bring Communion & Devotion [CH] 9:45 Journaling Club [GR] 10:45 Exercise [WR] 12:00 Oshibori [MC] 10:00 Milking the Purple Cow Show! [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Vocational Stations [MC] 4:00 Folding Laundry [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:15 Exercise [WR] 3 10:00 Quarter Bingo [GR] 12:00 Oshibori [MC] 12:45 Movie Time with Lil: 1hr & 45min (Letters to Juliet) [MC] 3:00 McHale's Navy Show [MC] 4:00 Walking the Halls [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]
 9:15 Treat Bingo MC (MC) 12:00 Oshibori [MC] 12:30 Exercise [WR] 1:30 Visiting Each Other [MC] 2:30 Lady of Lourdes Catholic Mass on Your Own TV or on TV in Chapel (Ch. 180) 3:30 Coloring Club [MC] 3:30 Coloring Club [MC] 4:30 Bounce The Orange Ball [MC] 4:55 Oshibori [MC] 6:15 Puzzle Time [MC] 7:00 Snack Time [MC] 	8:30 Early Bird Exercise Class [WR] 5 10:15 Prize Bingo [GR] 12:00 Oshibori [MC] 1:00 Alan Godage Music [DR] 2:30 Ball Toss [GR] 3:30 Coloring Club [MC] 4:30 Exercise Group [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:00 Rosary [CH] 6 9:30 Catholic Mass [CH] 10:30 Exercise [WR] - 12:00 Oshibori [MC] - 12:00 Milk the Purple Cow Challenge! [GR] - 12:00 Milk the Purple Cow Challenge! [GR] - 13:00 Mucre The Orange Ball [MC] - 4:30 Puzzle Time [MC] - 4:55 Oshibori [MC] - 6:15 Wheel of Fortune on TV (Channel 4) [MC] - 7:00 Snack Time [MC] -	8:45 Rosary [CH] 7 10:15 Exercise [WR] 1 12:00 Oshibori [MC] 1 1:00 Puzzle Time [MC] 1 1:00 Puzzle Time [MC] 1 2:00 All Resident's Decorate a Plan in a Can [GR] 1 3:15 Get Together to Visit & Play Cards [CS] 1 4:30 Coloring Club [MC] 4 5:15 Wheel of Fortune on TV (Channel 4) [MC] 1 7:00 Snack Time [MC]	9:15 Early Bird Exercise Class [WR] 8 10:15 Quarter Bingo [WR] 12:00 Oshibori [MC] 1:00 Nail Care [GR] 2:15 Book Club with Lii [MC] 3:00 Milk the Purple Cow Practice [GR] 3:30 Chapel Service [CH] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	8:45 Rosary [CH] 9 9:45 Singing & Dancing Club [GR] 10:45 Exercise [WR] 12:00 Oshibori [MC] 1:00 Milking the Purple Cow Show! [GR] 1:30 Root Beer Float Event! [GR] 3:00 Vocational Stations [MC] 4:00 Folding Laundry [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	10:00 Prize Bingo [GR] 10 12:00 Oshibori [MC] 12:30 Exercise [WR] 3:00 McHale's Navy Show [MC] 4:00 Walking the Halls [MC] 4:55 Oshibori [MC] 6:15 Oshibori [MC] 7:00 Snack Time [MC]
12:00 Oshibori [MC] 11 12:30 Exercise [WR] 1:30 Visiting Each Other [MC] 2:30 Lady of Lourdes Catholic Mass on Your Own TV or on TV in Chapel (Ch. 180) 4:30 Bounce The Orange Ball [MC] 4:55 Oshibori [MC] 5:15 Puzzle Time [MC] 7:00 Snack Time [MC]	8:30 Early Bird Exercise Class [WR] 12 10:15 Prize Bingo [GR] 12:00 12:00 Oshibori [MC] 130 Balloon Tennis [GR] 2:30 Outring to Dollar General & Sue's Drive in Pierz MN [LB] 3:30 Coloring Club [MC] 4:30 Exercise Group [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 7:00 Snack Tirme [MC]	9:00 Rosary [CH] 13 9:30 Catholic Mass [CH] 1 10:30 Exercise [WR] 1 12:00 Oshibori [MC] 1 12:00 Milk the Purple Cow Challenge! [GR] 1 2:15 Walking Group Outside [LB] 3:30 3:30 Bounce The Orange Ball [MC] 4:30 Puzzle Time [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	8:45 Rosary [CH] 14 10:15 Exercise [WR] 12:00 12:00 Oshibori [MC] 13:0 13:00 Jerry & Joyce's Band [DR] 13:5 3:15 Treat Bingo [GR] 14:00 4:30 Coloring Club [MC] 14:00 4:55 Oshibori [MC] 16:15 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:15 Early Bird Exercise Class [WR] 15 10:15 Quarter Bingo [WR] 12:00 Oshibori [MC] 11:10 Nail Care [MC] 2:15 Book Club with Lii [MC] 3:00 Milk the Purple Cow Practice [GR] 3:40 Bible Study with Lii [CH] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	8:45 Rosary [CH] 16 9:45 Journaling Club [GR] 10:45 Exercise [WR] 12:00 Oshibori [MC] 1:00 Milking the Purple Cow Show! [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Vocational Stations [MC] 4:00 Folding Laundry [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:15 Exercise [WR] 17 10:00 Quarter Bingo [GR] 12:00 Oshibori [MC] 12:45 12:45 Movie Time with Lil: 1hr & 30min (Royal Wedding 1951) [MC] 3:00 McHale's Navy Show [MC] 4:00 Walking the Halls [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]
 15 Treat Bingo 18 [MC] (2:00 Oshibori [MC] (2:30 Exercise [WR] (30 Visiting Each Other [MC] (30 Lady of Lourdes Catholic Mass on Your Own TV or on TV in Chapel (Ch. 180) (30 Bounce The Orange Ball [MC] (55 Oshibori [MC] (40 Snack Time [MC] 	 8:30 Early Bird Exercise Class [WR] 10:15 Prize Bingo [GR] 12:00 Oshibori [MC] 1:30 Jim Anderson Music [DR] 2:30 Stretch & Strength Chair Yoga with Julia [GR] 3:30 Coloring Club [MC] 4:30 Exercise Group [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC] 	9:00 Rosary [CH] 20 9:30 Catholic Mass [CH] 2 10:30 Exercise [WR] 1 12:00 Oshibori [MC] 1 1:00 Milk the Purple Cow Challengel [GR] 2 2:15 Outing to Labor of Love Thrift Store 1 3:30 Bounce The Orange Ball [MC] 4 4:30 Puzzle Time [MC] 4 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7 7:00 Snack Time [MC]	8:45 Independent Rosary [CH] 21 10:15 Exercise [WR] 1 12:00 Oshibori [MC] 1 13:0 Jim Olson Music [MC] 3:15 Bowling [MC] 4:30 Coloring Club [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:15 Early Bird Exercise Class [WR] 22 10:15 Quarter Bingo [WR] 12:00 12:00 Oshibori [MC] 100 1:00 Nail Care [GR] 2:15 1:00 Mail Care [GR] 100 2:15 Book Club with Lil [MC] 3:00 Milk the Purple Cow Practice [GR] 3:30 Chapel Service [CH] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	8:45 Rosary [CH] 23 9:45 Singing & Dancing Club [GR] 10:45 10:45 Exercise [WR] 12:00 Oshibori [MC] 1:00 Milking the Purple Cow Show! [GR] 2:00 Happy Hour (2:3pm) [GR] 3:00 Vocational Stations [MC] 4:00 Folding Laundry [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	10:00 Prize Bingo [GR] 24 12:00 Oshibori [MC] 12:30 Exercise [WR] 10:00 Golf [GR] 3:00 McHale's Navy Show [MC] 4:00 Walking the Halls [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]
 12:00 Oshibori [MC] 25 12:30 Exercise [WR] 1:30 Visiting Each Other [MC] 2:30 Lady of Lourdes Catholic Mass on Your Own TV or on TV in Chapel (Ch. 180) 4:30 Bounce The Orange Ball [MC] 4:55 Oshibori [MC] 5:15 Puzzle Time [MC] 7:00 Snack Time [MC] 	8:30 Early Bird Evercise Class [WR] 26 10:15 Prize Bingo [GR] 12:00 Oshibori [MC] 1:30 Ball Toss [GR] 2:30 Stretch & Strength Chair Yoga with Julia [GR] 3:45 Outing to Dairy Queen in Royaton [LB] 4:30 Exercise Group [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	9:00 Rosary [CH] 27 9:30 Catholic Mass [CH] 27 10:30 Exercise [WR] 1 10:30 Shibori [MC] 1 10:30 Milk the Purple Cow Challenge! [GR] 2 10:30 Milk the Purple Cow Challenge! [GR] 2 3:30 Bounce The Orange Ball [MC] 4:30 Puzzle Time [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]	 8:45 Rosary [CH] 28 10:15 Exercise [WR] 12:00 Oshibori [MC] 1:30 August Birthday Celebration! [GR] 2:30 Walking Group [MC] 4:30 Coloring Club [MC] 4:35 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC] 	9:15 Early Bird Evercise Class [WR] 29 10:00 Gary Gylsen Music [GR] 12:00 12:00 Oshibori [MC] 100 10:00 Quarter Bingo [DR] 100 2:15 Book Club with Lil [MC] 100 3:00 Milk the Purple Cow Practice [GR] 100 4:55 Oshibori [MC] 100 6:15 Wheel of Fortune on TV (Channel 4) [MC] 100 7:00 Snack Time [MC]	 8:45 Rosary [CH] 30 9:45 Journaling Club [GR] 10:45 Exercise [WR] 12:00 Oshibori [MC] 1:00 Milking the Purple Cow Showl [GR] 2:00 Happy Hour (2-3pm) [GR] 3:00 Vocational Stations [MC] 4:00 Folding Laundry [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC] 	9:15 Exercise [WR] 31 10:00 Quarter Bingo [GR] 12:00 12:00 Oshibori [MC] 12:45 Movie Time with Lil: 1hr & 40min (Charade 1963) [MC] 1963) 3:00 McHale's Navy Show [MC] 3:00 WcHale's Navy Show [MC] 4:00 Walking the Halls [MC] 4:55 Oshibori [MC] 6:15 Wheel of Fortune on TV (Channel 4) [MC] 7:00 Snack Time [MC]